



FOOTPRINTS DAYCARE

Winter Menu Week 1



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

*All meals and snacks
are carefully planned
and prepared in our
on-site 5 STAR rated
professional kitchen by
our experienced cooks*

Monday

Morning: Toasted bread selection and fresh fruit

Lunch: Roast Chicken, Mini roast Potatoes, Baby carrots Brussel sprouts and gravy

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

tuesday

Morning: Toasted bread selection and fresh fruit

Lunch: Shepherd's Pie and Garden peas

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

wednesday



Morning: Toasted bread selection and fresh fruit

Lunch: Tuna pasta bake and green beans

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

thursday

Morning: Toasted bread selection and fresh fruit

Lunch: Chicken casserole, baby boiled potatoes and Broccoli

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives



friday

Morning: Toasted bread selection and fresh fruit

Lunch: Beef Goulash and rainbow rice

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

Good nutrition is essential during childhood, as it is a time of rapid growth, development and activity. Footprints Daycare promote the importance of good nutrition from an early age through our healthy eating policy



FOOTPRINTS DAYCARE

Winter Menu Week 2



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

*All meals and snacks
are carefully planned
and prepared in our
on-site 5 STAR rated
professional kitchen by
our experienced cooks*

Monday

Morning: Toasted bread selection and fresh fruit

Lunch: Chicken Fricassee & rice with garden peas

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

tuesday

Morning: Toasted bread selection and fresh fruit

Lunch: Cheesy Beef noodles and Corn on the cob

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

wednesday



Morning: Toasted bread selection and fresh fruit

Lunch: Jumbo Fish fingers, mashed potatoes and baked beans

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

thursday

Morning: Toasted bread selection and fresh fruit

Lunch: Irish stew and crusty bread

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives



friday

Morning: Toasted bread selection and fresh fruit

Lunch: Chicken and ham pasta bake with Seasonal Veg

Snacks: Yogurt and Fresh Fruit selection of Rice Cakes Crackers & Breads sticks

Fresh sandwiches and home-made soup prepared daily as alternatives

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